



Registration is Open!!!


'Building Healthy Families' is a FREE healthy weight program for children ages 6-12 and their families.

Together, you and your child will learn to eat healthy, exercise, and live a healthier life. Have fun, learn new skills, and get healthy incentives to help you stay on track.



Denton	Feddersburg
<u>Starts</u> Thursday September 11 th	<u>Starts</u> Friday September 12 th
5-7 PM <i>Healthy Meal Provided!</i>	5-7 PM <i>Healthy Meal Provided!</i>
401 Aldersgate Rd. Denton, MD	118 Morris Ave. Feddersburg, MD

Registration is open to families in Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties.

 **LEARN MORE**

Call 410-221-2600 or Scan the Code

